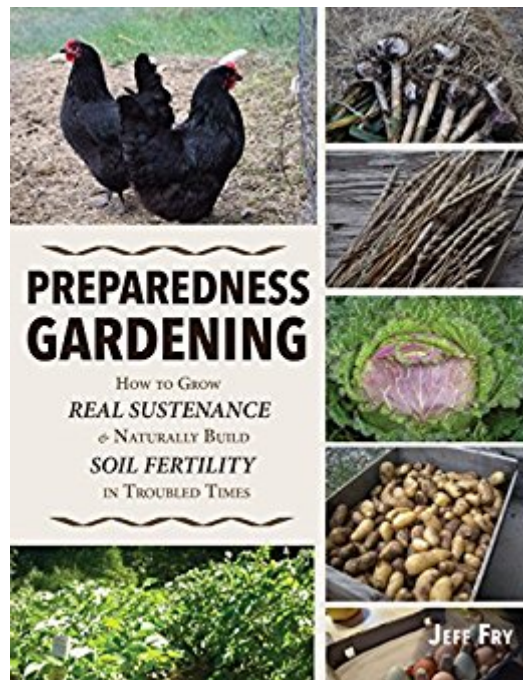


The book was found

# Preparedness Gardening: How To Grow Real Sustenance And Naturally Build Soil Fertility In Troubled Times



## Synopsis

Without question, we live in dangerous and unprecedented times. We are inching towards the biggest economic collapse in history – which is threatening enough on its own – on top of risks of civil unrest, international war, severe weather and natural disasters, terrorist or cyber attacks, and more. Against these, our centralized, just-in-time food delivery system, dependent upon a fragile web of power grids and telecommunication networks, is extremely vulnerable. If civilization is indeed nine meals away from anarchy, there is no question that food preparedness in our troubled times is vital. When it comes to producing our own food, there are few books that address self-reliant gardening. Almost invariably, contemporary gardening books are written for market gardening or pleasure gardening, neither of which is interested in developing food resiliency in the face of crises. Preparedness Gardening meets that need by outlining how to garden for the purpose of food preparedness so that we can have that crucial stock of fresh food to see us through a food shortage and/or to significantly offset our grocery costs in economically hard times. Preparedness Gardening also addresses how to create a garden, big or small, for the first time and how to build and regenerate soil health by using the power of bio-mimicry and the soil foodweb – incredibly promising knowledge from the soil-science frontier that any grower will value – all interwoven with a preparedness point of view and a minimalist approach. This book is a must-read for gardeners sensing the need for a new local-food renaissance that sees individuals, families, and communities take back far greater control of their food supply in the pursuit of security, independence, and health.

## Book Information

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## Customer Reviews

An author with a bibliography and actual references to back him up?! I know, unheard of in digital books these days! This was the first book on preparedness that I have read to use correct grammar throughout, as well as to cite where the information comes from. I enjoyed learning new concepts such as what a traditional diet is, and why soaking beans and grains is important. Thank you Mr. Fry for teaching me something new and having citations to lead me further in my journey!

Excellent book! I am a long time gardener and also interested in being able to self sustain. This book covers things like nutritional needs and ratio's of planting to meet daily food requirements, not just hobby gardening. I hope the author will consider expanding this book into a larger and printed reference manual as it would be a good resource in any prepper's printed library. Thank you also for the reference sources at the end of this kindle book as I will definitely look into them further. Highly recommended.

I was pleasantly surprised to get some good tips for areas like mine that have no rainfall in the summer. I liked reading about his experiments and which variety did best under his harsh growing environment. I hope the author does more writing along those lines. I reduced the rating because the end of the book seemed a bit rushed and cut off. Only one short paragraph on seed saving? Awesome that he has a bibliography.

My favourite book for gardening no matter where I will live!!

Great book for unique ideas for gardening. I will keep copy around for reference. Unique ideas for gardening. I like it alot.

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